

## Regulation 28: REPORT TO PREVENT FUTURE DEATHS (1)

NOTE: This form is to be used **after** an inquest.

<b>REGULATION 28 REPORT TO PREVENT DEATHS</b>
<b>THIS REPORT IS BEING SENT TO:</b> [REDACTED], CEO NHS England
<b>1 CORONER</b>  I am James Healy-Pratt, Assistant Coroner for the area of East Sussex.
<b>2 CORONER'S LEGAL POWERS</b>  I make this report under paragraph 7, Schedule 5, of the Coroners and Justice Act 2009 and regulations 28 and 29 of the Coroners (Investigations) Regulations 2013.
<b>3 INVESTIGATION and INQUEST</b>  On 19/11/2019 16:15 I commenced an investigation into the death of Jennifer Sarah Myfanwy SPENCER aged 29. The investigation concluded at the end of the inquest on 10 December 2020. The conclusion of the inquest was:  I a Multiple injuries  I b  I c  II
<b>4 CIRCUMSTANCES OF THE DEATH</b>  This young lady's mental health deteriorated following ingestion of Shamanic Hallucinogenic Drugs and Kundalini Yoga; resulting in her deliberately falling from Beachy Head on 16th November 2019; intending to end her life; whilst the balance of her mind was disturbed.
<b>5 CORONER'S CONCERNS</b>  There is a lack of awareness amongst Mental Health Professionals about "Shamanic" hallucinogenic drugs and their propensity to cause or exacerbate psychosis. This results in sub-optimal assessment, treatment and care. Ayahuasca, DMT and similar "Shamanic" hallucinogens are becoming more commonplace in the UK. Greater learning about them is required by Mental Health Professionals. Ref – Therapeutic Advances in Psychopharmacology 2017, Vol. 7(4) 141-157, dos Santos, Hallak, Mouso.
<b>6 ACTION SHOULD BE TAKEN</b>  In my opinion action should be taken to prevent future deaths and I believe you (and/or your organisation) have the power to take such action.
<b>7 YOUR RESPONSE</b>  You are under a duty to respond to this report within 56 days of the date of this report, namely by 09 February 2021. I, the coroner, may extend the period.  Your response must contain details of action taken or proposed to be taken, setting out the timetable for action. Otherwise you must explain why no action is proposed.

## 8 COPIES and PUBLICATION

I have sent a copy of my report to the Chief Coroner and to the following Interested Persons



The Chief Coroner may publish either or both in a complete or redacted or summary form. He may send a copy of this report to any person who he believes may find it useful or of interest. You may make representations to me, the coroner, at the time of your response about the release or the publication of your response by the Chief Coroner.

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A handwritten signature in blue ink, appearing to read 'James Healy-Pratt'.

**James HEALY-PRATT**  
**Assistant Coroner for**  
**East Sussex**  
**Dated: 18 December 2020**