

RECOMMENDATIONS TO BKSA SCHOOLS USING BB-TALKIN HEADSETS OR SIMILAR DEVICES INCLUDING ACTION CAMERAS WHEN DELIVERING COACHING AND TRAINING COURSES.

These recommendations form the bases of giving additional guidelines and information to BKSA schools to **raise awareness** of the hazards and limitations of using headsets and action cameras when delivering teaching and coaching sessions.

- 1. Always follow the manufactures fitting instructions when attaching devices to any kite surfing helmet.
- 2. Always use a compatible helmet to the device you are using (normally listed by manufacturer)
- 3. Always use the provided sticky pads and position as directed by the manufacturer.
- 4. Do not under any circumstance permanently fit / glue or attach any part of the device to the side or front of the helmet using cable ties / screws / permanent fixings.
- 5. Always check the device and helmet is fit for use and in good working order prior to the teaching or coaching session commencing.
- 6. Make student aware that although unlikely there is a small chance that student lines could get entangled around headset / action camera (the point is to raise awareness) CHECK / REINFORCE FOLLOWING
 - > Correct fitting of helmet to student
 - Devices are positioned and secured correctly as per manufactures guidelines
 - > Student Importance of concentrating on flying the kite during the session when instructor is talking over the mic
 - > Do not try and adjust head set whilst flying the kite, keep both hands on the bar
 - > If you need to adjust the headset, bring the kite down to the side of the wind window and land prior to adjusting.
 - > Correct positioning of bar and importance of line tension / bar pressure
 - > What to do if kite lines get entangled
 - > All safety signals as directed by instructor / coach.
- 7. Schools to include a specific annex as part of the Schools Safety Management Systems (SMS) outlining guidelines in using any Bb-Talkin or similar portable devices including action cameras.
- 8. Principal / CI to deliver in house training to staff (record) in use of and potential hazards when using portable head set devices and action cameras. (Case Study)
- 9. SI to check the weather forecast for the day and decide based on wind strength and session type as to whether its suitable to use the device. (F5)
- 10. Ensure your student / students are at a suitable level of competency to be able to safely use / get benefit from this type of device when undertaking in a lesson.
- 11. Head set devices / action cameras not to be used by students until min L1P4 signed off to reduce risk of line entanglement when / if body dragging.
- 12. Centre Principal / CI to ensure /reinforce all instructors are required to carry a suitable serrated blunt ended knife on their person during on water teaching sessions.
- 13. All head sets and procedures will be inspected and reviewed as part of the BKSA schools' annual inspection.

