

[REDACTED]
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PRIVATE & CONFIDENTIAL

Ms Nadia Persaud
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Coroners Court
Queens Road, Walthamstow
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[REDACTED]

Psychological Medicine & Older Adults (PMOA)
South London and Maudsley
NHS Foundation Trust (SLaM)
1st Floor Reay House
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108 Landor Road
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[REDACTED]
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Dear Ms. Persaud

Regulation 28 Report Response arising from the inquest into the death of Conrad Colson

Thank you for your Regulation 28 Report dated 26 May 2023 setting out your concerns to be addressed. I would like to begin by expressing my deepest condolences to the family and friends of Mr Colson.

Following the conclusion of the inquest on 18 May 2023, you requested an update on the matters outlined below. The concerns you raised in your Regulation 28 Report in respect of South London and Maudsley NHS Foundation Trust ('the Trust') were as follows:

1. 'A concern arose at the Inquest hearing in relation to the absence of liaison between the highly specialist services of the CADAT team and the stepdown services provided by NELFT. There was a lack of full information sharing around risk and joint risk assessment/risk management planning on discharge';
2. 'Both mental health services were aware that Conrad was accessing aesthetic dermatology treatment. There was a concern that neither service adequately highlighted the risks of accessing such treatment to Conrad or attempted to share information with the skin clinic. The inquest heard that patients with BDD should be fully informed of the risks of seeking aesthetic dermatology treatment and wherever possible, clinics who are providing treatment should be made aware of the BDD diagnosis'; and
3. 'The Inquest heard that there is a need for training to be provided to step-down service teams in relation to the diagnosis of BDD and the risks associated with it'.

The Centre for Anxiety Disorders and Trauma ('CADAT') has updated its discharge policy (enclosed with this letter), to explicitly state the expectations of liaison between local teams and CADAT. The updates to this policy confront the issues faced in Conrad's case. The updated policy was circulated to all team members at CADAT and was discussed in the clinic's team meeting on 1 June 2023. This

policy is also in line with that of the Trust's Anxiety Disorders Residential Unit. The updated policy was reviewed and ratified by the PMOA Leadership Team on 12 July 2023. The policy will again be discussed and shared in CADAT's business meeting on 3 August 2023.

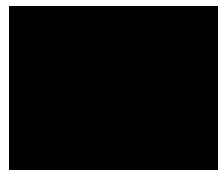
The updated CADAT discharge policy also includes how staff are expected to communicate with skin clinics regarding patients seeking aesthetic dermatological/cosmetic treatment which includes seeking consent from the patient to liaise with local services/GP, and if this is refused how to manage the situation.

It would not be possible for the CADAT to provide training on BDD to all referring services nationwide due to the logistics and capacity within the clinic itself. The CADAT clinic is in the process of offering training on BDD to local services. In addition, the CADAT has agreed to provide more support to local services who have referred patients. The CADAT will now include a detailed one page BDD information guide (enclosed with this letter) prepared by Professor David Veale, Consultant Psychiatrist in Cognitive Behaviour Therapy at the CADAT, to referring services in their communication following referral.

The PMOA Leadership Team has reviewed the response by North East London NHS Foundation Trust ('NELFT') to your Regulation 28 Report which it received on 17 July 2023. Following receipt of this document, the CADAT has been in communication with NELFT with regard to recommendations 1 and 3 of its Action Plan (which were contained in its response provided to you) to ascertain how best the CADAT can assist NELFT going forward in implementing the recommendations it has made.

Please do let me know if you have any additional queries.

Yours sincerely,



PMOA Deputy Director

1. Enclosed: CADAT Draft Discharge Policy
2. Enclosed: Body Dysmorphic Disorder (BDD) Information



CADAT - Discharge Policy.pdf BDD Information.pdf