NOTE: This form is to be used **after** an inquest.

|   | REGULATION 28 REPORT TO PREVENT FUTURE DEATHS  |  |
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|   | THIS REPORT IS BEING SENT TO:  |  |
|   | , Chief Medical Officer, NHS Cornwall and IoS ICB.   |  |
| 1 | CORONER  |  |
|   | I am Andrew Cox, the Senior Coroner for the coroner area of Cornwall and the Isles of Scilly.  |  |
| 2 | CORONER'S LEGAL POWERS   |  |
|   | I make this report under paragraph 7, Schedule 5, of the Coroners and Justice Act 2009 and regulations 28 and 29 of the Coroners (Investigations) Regulations 2013.  |  |
| 3 | <b>INVESTIGATION and INQUEST</b><br>On 22/5/25, I concluded the inquest into the death of Callum James<br>Hargreaves who died on 20/1/24 at the age of 32.   |  |
|   | I recorded the cause of death as 1a) Multiple Injuries.  |  |
|   | I recorded a conclusion that Callum died from suicide.   |  |
| 4 | <b>CIRCUMSTANCES OF THE DEATH</b><br>Callum was sexually assaulted as a child. In his adult years, he<br>developed substance misuse/addiction issues and it is likely he presented<br>with complex PTSD or EUPD.<br>He lived in social housing at Silverdale Court in Newquay. From<br>approximately 2020, there started to be concerns that Callum was being<br>cuckooed. In 2023, following the receipt of safeguarding alerts, it became<br>apparent substantial damage had been caused at the flat which was<br>uninhabitable. Callum was sleeping rough elsewhere. Temporary<br>accommodation was arranged in Roche and Wadebridge but Callum was<br>not allowed to remain at the addresses after drug paraphernalia was<br>discovered. Callum continued to sleep rough apart from a short period<br>when he was housed by the local authority under a severe weather<br>protocol. In early 2024, a Notice Seeking Possession of the flat at<br>Silverdale Court was served on Callum.<br>On 19/1/24, Callum was seen in a distressed state having been involved<br>in an altercation and complaining that his medication had been stolen. He<br>went to a cliff edge in Newquay. Police attended and eventually removed<br>Callum from the cliff. He was taken to a place of safety by police and<br>underwent a mental health act assessment. He was determined not to be |  |

|   | presenting with a severe and enduring mental illness of a nature and<br>degree to warrant detention in hospital. Further, by the end of the period<br>of assessment Callum's risk to himself was not felt to be sufficiently<br>imminent or significant to justify short-term detention.<br>Callum was discharged and provided with a taxi to take him back to his<br>emergency accommodation. There was a discussion about whether<br>Callum wanted members of his family informed of his discharge. Callum<br>said that he did not and this decision was not tested or challenged. It was<br>not felt appropriate to breach the duties of confidentiality owed to Callum<br>in this regard.<br>Callum's body was recovered from the sea at a location known locally as<br>in Newquay on 20/1/24. He had<br>suffered multiple injuries consistent with a fall from height. Additionally,<br>post-mortem toxicology revealed evidence of cocaine metabolites,<br>diazepam, mirtazapene, pregabalin, zopiclone and methadone. The<br>methadone in particular was at a high level and sufficient to have caused<br>death on its own. The pregabalin and zopiclone were also present at high<br>levels. |  |  |
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|   | On the evidence, I found it was more likely than not that Callum had jumped or fallen from the cliffs with the intention of ending his own life.   |  |  |
| 5 | CORONER'S CONCERNS   |  |  |
|   | During the course of the inquest, the evidence has revealed matters<br>giving rise to concern. In my opinion there is a risk that future deaths will<br>occur unless action is taken. In the circumstances it is my statutory duty<br>to report to you.  |  |  |
|   | I accepted independent expert evidence that the mental health act<br>assessment had been thorough and appropriately concluded there were<br>no grounds in law for detaining Callum. Additionally, I accepted evidence<br>given by the clinicians that while NICE guidance did allow for short-term<br>admissions to manage a period of crisis in a patient presenting with<br>complex PTSD/EUPD, that was not indicated here. It was identified that<br>the rationale for reaching that decision was not recorded in the notes.<br>This is a matter I have taken up separately with those responsible for the<br>AMHP.   |  |  |
|   | The <b>MATTERS OF CONCERN</b> relate to the arrangements made around Callum's discharge and, in particular, safety planning.   |  |  |
|   | <ol> <li>It was accepted in evidence that, owing to the decisions made by<br/>Callum, there were only limited options available to the clinicians.<br/>Of note, an offer to have personal follow-up by one of the clinicians<br/>involved in the assessment through the HTT was rejected.<br/>Additionally, the possibility of prescribing additional Diazepam was<br/>correctly discounted once it became evident Callum was already<br/>sourcing illicitly more than could be prescribed safely.</li> <li>Callum refused permission for his mother (described as his rock)<br/>to be informed of his imminent discharge. On her evidence, she</li> </ol>   |  |  |

|   | had been (wrongly) advised by police that her son would be<br>detained and was safe. There was no evidence that this decision<br>by Callum was explored or tested by the clinicians – instead it<br>simply appeared to have been accepted by the clinicians without<br>further enquiry. The independent expert was of the view that in a<br>situation like this, where the assessing team had very few 'levers'<br>available to it, Callum's mother was potentially one that could and<br>should have been explored further.<br>It was noted that GMC guidance allows for further enquiry,<br>specifically that <i>58. If an adult patient who has capacity to make</i><br><i>the decision refuses to consent to information being disclosed that</i><br><i>you consider necessary for their protection, you should explore</i><br><i>their reasons for this. It may be appropriate to encourage the</i><br><i>patient to consent to the disclosure and to warn them of the risks</i><br><i>of refusing to consent.</i><br>It was noted that the Nearest Relative's details appeared not to<br>have been completed on the MH 1. Again, this is a matter that has<br>been brought to the attention of those responsible for the AMHP. |
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| 6 | ACTION SHOULD BE TAKEN   |
|   | In my opinion action should be taken to prevent future deaths and I believe you [AND/OR your organisation] have the power to take such action.   |
| 7 | YOUR RESPONSE  |
|   | You are under a duty to respond to this report within 56 days of the date of this report, namely by 25.7.25. I, the coroner, may extend the period.  |
|   | Your response must contain details of action taken or proposed to be taken, setting out the timetable for action. Otherwise, you must explain why no action is proposed.   |
| 8 | COPIES and PUBLICATION   |
|   | I have sent a copy of my report to the Chief Coroner and to the following<br>Interested Persons:   |
|   | <ul> <li>Callum's family</li> <li>Sanctuary Housing</li> <li>Cornwall Council</li> </ul>   |
|   | I am also under a duty to send the Chief Coroner a copy of your response.  |
|   | The Chief Coroner may publish either or both in a complete or redacted   |

|   | he believes may find it useful or of interest. You may make<br>representations to me, the coroner, at the time of your response, about<br>the release or the publication of your response by the Chief Coroner. |                     |
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| 9 | [DATE]  | [SIGNED BY CORONER] |
|   | 29.5.25   | CP                  |