

[REDACTED]
Vice President Member Standards

Ms Sarah Bourke
Assistant Coroner for the coroner area of Inner North London
[REDACTED]

27 August 2026

Dear Ms Bourke

Regulation 28 Report to Prevent Future Deaths - regarding the death of Miss Ayлина Akhmadova

Thank you for asking us to comment on the matters of concern following the sad death of Miss Ayлина Akhmadova, who died on the 3rd of October 2025. Our sincere condolences go to her family given the difficult circumstances and the ongoing questions on how this could have been prevented. We will address the issues raised as requested in the hope that the response can help answer the concerns of the Coroner and Ayлина's loved ones.

To give context to the family, The Royal College of General Practitioners works to improve patient care by encouraging the highest possible standards in general medical practice by supporting members, setting standards, providing education and training, promoting research, advocating and representing the College and its 56,000 members.

The central issues you have identified relate to the complexities involved in direct communication between Ambulance services and those present with Ayлина at the time of need. The death occurred at a point before Ayлина had contact with a GP, which illustrates the limitations of where the RCGP can influence the prevention of future deaths in similar circumstances.

Opportunities to communicate to patients the matters of concern would be during pregnancy, antenatal contact and in the early days after Ayлина's birth, through the Hospital teams, Community Midwives and Health Visitor services who come into contact with families in the first days of life.

The processes of the organisations representing such colleagues are beyond the remit of the RCGP, and these organisations would be best placed to respond to the concerns you have expressed, specifically that 999 calls should be made by a person who is with the patient, and that telephone interpreter services are available at the time of the encounter, as they often are within General Practice consultations. These principles can be highlighted ahead of the birth of a child in any clinical contact where formal or informal interpretation is recognised as being required. GP Records can document the necessity for professional interpreters, the languages spoken, with alerts for all staff dealing with patient queries on what organisational arrangements are needed. Arrangements could be translation in-person or via telephone, whether there is a preferred gender of the person translating, and planning extra time for consulting via the professional interpreter. These considerations are made clear in the [RCGP Safeguarding Toolkit](#)

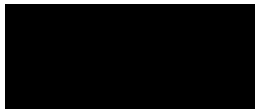
The [Personal Child Health Record](#), (also known as the 'Red Book'), given to parents and carers for each child after birth, has extensive written information and health advice, including information to reduce the risk of Sudden Infant Death Syndrome (SIDS). Content is overseen by a multidisciplinary group hosted by the Royal College of Paediatrics and Child Health, (RCPCH).

Even with the best advice that organisations can give ahead of emergencies, the direct observations of an English-speaking caller may not be available in such a short timescale in the scenario as described in Ayлина's case. Those calling ambulance services were doing what they felt was best in a distressing and pressured situation.

Our GP members and their teams have the opportunity to highlight the actions to take in emergencies opportunistically in appointments for symptoms arising, as well as in routine care where families are invited into surgery for the 6-8 week Postnatal Review, with further scheduled opportunities with early vaccinations at 8, 12 and 16 weeks of age. At these encounters, specific safety netting advice can be given on clinical signs and symptoms that should raise parental concern, alongside the appropriate actions to take. They can be highlighted in written form within the Personal Child Health Record/'Red Book' described above.

Once again, our condolences go to Ayлина's family. I hope the comments provide a full picture of where the RCGP can seek to influence the prevention of future deaths within training and continuing professional development.

Yours faithfully



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